

**ADISHESHA YOGA TEACHER TRAINING
APPLICATION FORM**

Course Date: _____

This application form is to assist both you and the staff of the course in determining whether the training is suitable for you, and to give teachers an indication of the level of experience in aspects of yoga practice that participants are bringing to the course. The information supplied on this form will be held in confidence.

Name: _____ Date of birth: _____

Address: _____

Phone: _____ Email: _____

Name and contact number of a close relative or friend in case of emergency:

Name: _____ Phone: _____

Their relationship to you: _____

Please describe your Yoga experience:

What teachers and methods have particularly influenced you?

Have you previously attended Yoga teachers training courses? - If yes, with whom?

How long have you been regularly practicing yoga?

Do you have experience in Meditation? If so, since how long, and how often do you practice? If you have had instruction, from where?

Do you have some familiarity with Yoga philosophy? If so, describe briefly.

Do you plan to teach Yoga after the course?

Educational background:

Please note the schools you attended, the dates, and any degrees or certificates you have received. You may attach a resume in lieu of answering this question.

If you are already a Yoga teacher, how many years have you been teaching and how many classes do you teach per week?

Do you specialize in teaching a particular group such as prenatal, the elderly, and children?

What do you consider to be your main strengths and weaknesses as a Yoga practitioner and/or teacher?

What are your reasons for wanting to take this training?

What aspects of the yoga practice are of particular interest to you lately?

Do you have any physical or emotional conditions that could affect your participation in this training?

Are you currently on any medications? If so, which and for what purpose?

Payment Policy:

\$500.00 + tax deposit at registration, please check for current dates.

The total cost of the course is \$2,500.00 with an Early Bird discount - check for dates.

Regular price is: \$2,700.00 + tax

There is an optional payment plan available (except for the Summer YTT due to a short duration). Please check the current details.

Refund and Cancellation Policy:

You may receive a full refund prior to the due date for deposit minus a \$50 completely non-refundable administration fee. The \$500.00 deposit is not refundable after the full fee deadline. There is no refund after the commencement of the course.

Course Cancellation Policy

The course will only run with a minimum of 10 students. We reserve the right to cancel the course should the minimum numbers not be reached at least 15 days prior to commencement. In this case a full refund will be issued.

I have answered the questions honestly. I have read all refund and cancellation policies and I submit this form as my application for the Adishesha Teacher Training course.

Name: _____

Signature: _____ Date _____

Please deliver this application to the studio in person or through email. If you do not get the confirmation of the receipt of the application form within 10 days – please contact the studio.